

# *GREAT NORTH RUN*

## *ON 20<sup>TH</sup> SEPTEMBER 2009*



I HAVE ONCE AGAIN COMMITTED TO TAKING PART IN THE GREAT NORTH RUN ON SEPTEMBER 20<sup>TH</sup> FOR THE PARKINSON'S DISEASE SOCIETY. AS MANY OF YOU KNOW MY WIFE CAROLE HAS PARKINSON'S.

PARKINSON'S IS DEGENERATIVE AND CURRENTLY THERE IS NO CURE, IT CAN AFFECT ALL OF THE MOTOR SYSTEMS OF THE BODY. IT IS A CRUEL ILLNESS, ANYONE OF US CAN GET PARKINSON'S, IN FACT 1 IN 800 OF US WILL, IT CAN STRIKE THE YOUNG AND OLD ALIKE.

PLEASE SPONSOR ME FOR THE RUN, ALL OF THE MONEY I RAISE WILL GO TO PARKINSON'S DISEASE RESEARCH.

*WATCH OUT FOR THE FAT BLOKE  
IN THE PINK TUTU.*

THANKS NEALE.

